




Week: March 17th-23rd




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2 style="text-align: center;">Breakfast</h2>						
<p>♣ Tater Tots</p> <p>♣ French Toast Smoked Pork Sausage</p> <p>Sausage Gravy/♣ Biscuit</p>	<p>♣ Home Fries Egg Bites</p> <p>Ham & Tater Tot Breakfast Casserole</p> <p>Breakfast Sandwich</p>	<p>♣ Seasoned Cubes Grits & Sausage Casserole</p> <p>♣ Brioche French Toast</p> <p>♥♣ Fresh Fruit Bowl</p> 	<p>♣ Home Fries <u>Scrambled Egg Bar</u> Sausage, ♥♣ Peppers & ♥♣ Mushrooms Bagel Toppers Ham & Cheese Cornbread Casserole ♣ Bavarian Crème Churros</p>	<p>♣ Seasoned Cubes Jumbo Sausage Link Sausage Gravy/♣ Biscuit</p> <p>♥♣ Parthena's Scramble Breakfast Flat bread Pizza</p>	<p>♣ Home Fries Egg Bites Bagel Toppers</p> <p>Sausage, Cheese, & Egg Scramble</p> <p>♣ Belgium Waffles</p>	<p>♣ Potato Triangles</p> <p>Sausage Gravy/♣ Biscuit</p> <p>Bacon, Cheese, & Egg Scramble</p>

Lunch & Dinner

<p>Escalloped Chicken Noodles</p> <p>Salisbury Steak</p> <p>♣Mashed Potatoes/Gravy</p> <p>♥♣Vegetable French Fries</p> 	<p>Homemade ♥ Stuffed Peppers/Sauce</p> <p>♣Mashed Potatoes</p> <p>🌱 Ranch Glazed Chicken (Keto Friendly)</p> <p>♣White Cheddar Macaroni & Cheese</p> <p>♥♣Roasted Caribbean Blend</p> <p>♣Seasoned Waffle Fries</p> <p>♣Corn Bread</p> <p>Hot Italian Sub</p>	<p>🌱 Crunchy Onion Chicken</p> <p>♥ Homemade Meatloaf</p> <p>♣♥ Redskin Mashed Potatoes Beef Gravy</p> <p>♣Grilled Asparagus & Mushrooms</p> <p>♣Mini Calzone</p> <p>♣Marinara Sauce</p> <p>Hot Italian Sub</p>	<p>♣Jumbo Cheese Ravioli</p> <p>♣Garlic Bread Sticks</p> <p>Monster Meatballs</p> <p>♥Roasted Turkey Breast</p> <p>Mashed potatoes/Gravy</p> <p>♣Stuffing</p> <p>♥♣ Broccoli</p> <p>♣French Fries</p> <p>♣Corn Bread</p> <p>National Ravioli Day</p> 	<p>♣All American Grilled Cheese Sandwich</p> <p>Chicken Cavatappi</p> <p>♣Garlic Bread</p> <p>♥♣Oriental Green Beans</p> <p>♣Breaded Zucchini</p> <p>♣Marinara Sauce</p> <p>♣Seasoned Waffle Fries</p>	<p>BBQ Pork Sandwich</p> <p>♣ Cheesy Potatoes</p> <p>♥Breaded Sole (Gluten Free)</p> <p>♥♣Wild Rice</p> <p>♥♣Roasted PACO Blend (Potato/Asparagus/Carrot/Onion)</p> <p>♣French Fries</p>	<p>BBQ Riblet</p> <p>Chicken Nuggets</p> <p>Lasagna Roll Ups</p> <p>♣Garlic Bread</p> <p>♥♣Vegetable</p> <p>♣Spudster Bar</p> <p>Top with cheese bacon, jalapenos and sour cream</p>
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Soup of the Day:	Homemade Chili	Chicken Dumpling	Homemade Chili	♣♥Tomato	Jambalaya	
			Fry Bar Top your Fries with cheese, bacon, jalapenos and sour cream	General Tso's Chicken Sweet & Sour Chicken ♣Jasmine Rice ♣Vegetable Egg Rolls	Pizza Bar ♣Classic Cheese, ♣White Pizza w/Spinach and Tomato, and Pepperoni & Cheese	

Breakfast Served Daily: Scrambled Eggs, ♣ Morning Star Vegetarian Breakfast Sausage (M-F), Bacon, Sausage, ♣♥ Hot Oatmeal with Toppings (M-F)

Lunch & Dinner Served Mon-Fri: Hamburgers, Chicken Tenders, Bacon, Fries,   Montreal Grilled Chicken,  Morning Star Vegetarian Burgers

Week 1   All Plain Vegetables, Rice, and Mashed Potato  = no antibiotics ever  = Heart Healthy Item  = Vegetarian Item